

CROWN OR BRIDGE PREPARATION

Crown or Bridge Preparation Post Operative Instructions

During your appointment today, we permanently cemented your new crown(s) or bridge. It may take a few days to get used to the new restoration.

- You may experience some minor discomfort for the first few days following your treatment. An over-the-counter pain reliever/anti-inflammatory, such as Tylenol™, Advil™, Aleve™, is recommended for patients who are able to tolerate them. If discomfort increases or lasts more than 2-3 days, please call our office.
- Hot and cold sensitivity is possible for a few weeks and occasionally will last for several months.
- Your bite was carefully checked at your appointment. If you feel the bite is not correctly balanced, please call us immediately for a simple adjustment appointment. Do not overlook calling us, even if it appears that the bite is off slightly. This slight amount can make the tooth sensitive to pressure, hot, and cold, and also potentially cause pain in the neck, head, and jaw.

Although crowns and bridges are often the most durable of all restorations, the underlying tooth is still vulnerable to decay, especially at the interface between the tooth and crown (along the gum line). We recommend professional maintenance and evaluation at least twice a year. If you have had a periodontal problem (gum disease) in the past, you should see us a minimum of three times a year.

Proper care of your new crown(s) or bridge includes brushing and flossing a minimum of twice daily and regulating your intake of sugar-containing food and drinks. Proper maintenance will not only prolong the life of the restoration, but will also help to prevent problems elsewhere in your mouth

If you have any other questions or concerns, please call your doctor.